

Recommended Immunizations for Children from 3 through 17 Years of Age



Show this chart to your child's pediatrician and ask him or her any questions you have about these guidelines. Our vaccination guidelines are for children who do not have symptoms of disease or illness. Children who do show symptoms of disease or illness fall outside these guidelines and should be treated by their providers as needed.

All or some of these services may be covered by True Health New Mexico, depending on your policy. These guidelines are not a guarantee of True Health New Mexico coverage.

Child's Name: _____ Birth Date: _____

If your child is behind on immunizations or has a chronic health condition, discuss possible changes to this schedule or the need for additional vaccines with your child's healthcare provider.

Vaccine	3 years	4-6 years	7-10 years	11-12 years	13-15 years	16 years	17 years
Hepatitis B (HepB)	Range of recommended ages for catch-up immunization						
Rotavirus (RV)	No recommendations/not applicable						
Diphtheria, tetanus, acellular pertussis (DTaP<7 yrs.)	Range of recommended ages for catch-up immunization	5th dose	No recommendations/not applicable				
<i>Haemophilus influenzae</i> type b (Hib)	Range of recommended ages for certain high-risk groups						
Pneumococcal conjugate (PCV13)	Range of recommended ages for catch-up immunization						
Inactivated poliovirus (PIV<18 yrs.)	Range of recommended ages for catch-up immunization	4th dose	Range of recommended ages for catch-up immunization				
Influenza (IIV) or Influenza (LAIV4)	Annual vacc. 1 or 2 doses			Annual vaccination 1 dose only			
Measles, mumps, rubella (MMR)	Range of recommended ages for catch-up immunization	2nd dose	Range of recommended ages for catch-up immunization				
Varicella (VAR)	Range of recommended ages for catch-up immunization	2nd dose	Range of recommended ages for catch-up immunization				
Hepatitis A (HepA)	Range of recommended ages for catch-up immunization						
Tetanus, diphtheria, acellular pertussis (Tdap ≥7 years)	No recommendations/not applicable		Range of recommended ages for catch-up immunization	Tdap	Range of recommended ages for catch-up immunization		
Human papillomavirus (HPV)	No recommendations/not applicable		No recommendations/not applicable	Recommended based on shared clinical decision-making or can be used in this age group	Range of recommended ages for catch-up immunization		
Meningococcal (MenACWY-D ≥9 mos., MenACWY-CRM ≥2 mos., MenACWY-TT ≥2 yrs.)	Range of recommended ages for certain high-risk groups			1st dose	Range of recommended ages for catch-up immunization	2nd dose	Range of recommended ages for catch-up immunization
Meningococcal B	No recommendations/not applicable		No recommendations/not applicable	Range of recommended ages for certain high-risk groups			
Pneumococcal polysaccharide (PPSV23)	No recommendations/not applicable		No recommendations/not applicable	No recommendations/not applicable		Range of recommended ages for catch-up immunization	
COVID-19	Children over the age of 12 should obtain a COVID-19 vaccine.						

Range of recommended ages for all children
Range of recommended ages for catch-up immunization
Range of recommended ages for certain high-risk groups
Recommended based on shared clinical decision-making or can be used in this age group
No recommendations/not applicable

Vaccine-Preventable Diseases and the Vaccines that Prevent Them

Disease	Vaccine	Disease Spread by	Symptoms	Complications
Chickenpox	Varicella vaccine	Air, direct contact	Rash, fatigue, headache, fever	Infected blisters, bleeding disorders, encephalitis (brain swelling), pneumonia
COVID-19	COVID-19 vaccine	Air, close contact	Fever/chills, cough, shortness of breath, fatigue, body aches, headache, new loss of taste and smell, sore throat, congestion/runny nose	Pneumonia, acute respiratory distress syndrome, multi-organ failure, septic shock, death
Diphtheria	DTaP vaccine	Air, direct contact	Sore throat, mild fever, weakness, swollen glands in neck	Swelling of heart muscle, heart failure, coma, paralysis, death
Hepatitis A	HepA vaccine	Direct contact, contaminated food/water	May be no symptoms; fever, stomach pain, loss of appetite, fatigue, vomiting, jaundice (yellowing of skin/eyes), dark urine	Liver failure, arthralgia (joint pain), kidney, pancreatic, and blood disorders
Hepatitis B	HepB vaccine	Contact with blood or body fluids	May be no symptoms; fever, headache, weakness, vomiting, jaundice (yellowing of skin/eyes), joint pain	Chronic liver infection, liver failure, liver cancer
Hib (Haemophilus influenzae type b)	Hib vaccine	Air, direct contact	May be no symptoms unless bacteria enter the blood.	Meningitis (infection around the brain and spinal cord), intellectual disability, epiglottitis (life-threatening infection that can block windpipe and cause serious breathing problems), pneumonia, death
Human Papillomavirus (HPV)	HPV vaccine	Direct contact	Genital warts, common warts, plantar warts, and flat warts	Cervical and other cancers, including cancer of vulva, vagina, penis, anus, back of throat, including base of tongue and tonsils
Influenza (Flu)	Flu vaccine	Air, direct contact	Fever, muscle pain, sore throat, cough, extreme fatigue	Pneumonia
Measles	MMR vaccine	Air, direct contact	Rash, fever, cough, runny nose, pinkeye	Encephalitis (brain swelling), pneumonia, death
Meningococcal	Vaccines help protect against all three serogroups (B, C, Y).	Direct contact, saliva	Fever, headache, stiff neck, nausea, vomiting, confusion	Long-term disabilities, such as loss of limb(s), deafness, nervous system problems, brain damage
Mumps	MMR vaccine	Air, direct contact	Swollen salivary glands (under the jaw), fever, headache, tiredness, muscle pain	Meningitis (infection around brain and spinal cord), encephalitis (brain swelling), inflammation of testicles or ovaries, deafness
Pertussis (whooping cough)	DTaP vaccine	Air, direct contact	Severe cough, runny nose, apnea	Pneumonia, death
Pneumococcal	PCV vaccine	Air, direct contact	May be no symptoms; pneumonia	Bacteremia, meningitis, death
Polio	IPV vaccine	Air, direct contact, through the mouth	May be no symptoms; sore throat, fever, nausea, headache	Paralysis, death
Rotavirus	RV vaccine. Max. age for vaccine is 8 months.	Through the mouth	Diarrhea, fever, vomiting	Severe diarrhea, dehydration
Rubella	MMR vaccine	Air, direct contact	Sometimes a rash, fever, swollen lymph nodes	Very serious in pregnant women—can lead to miscarriage, stillbirth, premature delivery, birth defects