

Recommended Immunizations for Children from Birth through 30 Months (2½ Years)



Show this chart to your child’s pediatrician and ask him or her any questions you have about these guidelines. Our guidelines are for children who do not have symptoms of disease or illness. Children who do show symptoms of disease or illness fall outside these guidelines and should be treated by their providers as needed.

All or some of these services may be covered by True Health New Mexico, depending on your policy. These guidelines are not a guarantee of True Health New Mexico coverage.

Child’s Name: _____

Birth Date: _____

If your child is behind on immunizations or has a chronic health condition, discuss possible changes to this schedule or the need for additional vaccines with your child’s healthcare provider.

Vaccine	Birth	1 mo.	2 mos.	4 mos.	6 mos.	9 mos.	12 mos.	15 mos.	18 mos.	19-23 mos.	24-30 mos.	
Hepatitis B (HepB)	1st dose	2nd dose			3rd dose							
Rotavirus (RV)			1st dose	2nd dose								
Diphtheria, tetanus, acellular pertussis (DTaP<7 yrs.)			1st dose	2nd dose	3rd dose			4th dose				
<i>Haemophilus influenzae</i> type b (Hib)			1st dose	2nd dose			3rd or 4th dose					
Pneumococcal conjugate (PCV13)			1st dose	2nd dose	3rd dose		4th dose					
Inactivated poliovirus (PIV<18 yrs.)			1st dose	2nd dose	3rd dose							
Influenza (IIV)					Annual vaccination 1 or 2 doses							
Influenza (LAIV4)											Annual vacc. 1 or 2 doses	
Measles, mumps, rubella (MMR)							1st dose					
Varicella (VAR)							1st dose					
Hepatitis A (HepA)							2-dose series					
Meningococcal (MenACWY-D ≥9 mos., MenACWY-CRM ≥2 mos., MenACWY-TT ≥2 yrs.)												
Pneumococcal polysaccharide (PPSV23)												

Range of recommended ages for all children

Range of recommended ages for catch-up immunization

Range of recommended ages for certain high-risk groups

No recommendations/not applicable

Vaccine-Preventable Diseases and the Vaccines that Prevent Them

Disease	Vaccine	Disease Spread by	Symptoms	Complications
Chickenpox	Varicella vaccine	Air, direct contact	Rash, fatigue, headache, fever	Infected blisters, bleeding disorders, encephalitis (brain swelling), pneumonia
COVID-19	COVID-19 vaccine	Air, close contact	Fever/chills, cough, shortness of breath, fatigue, body aches, headache, new loss of taste and smell, sore throat, congestion/runny nose	Pneumonia, acute respiratory distress syndrome, multi-organ failure, septic shock, death
Diphtheria	DTaP vaccine	Air, direct contact	Sore throat, mild fever, weakness, swollen glands in neck	Swelling of heart muscle, heart failure, coma, paralysis, death
Hepatitis A	HepA vaccine	Direct contact, contaminated food/water	May be no symptoms; fever, stomach pain, loss of appetite, fatigue, vomiting, jaundice (yellowing of skin/eyes), dark urine	Liver failure, arthralgia (joint pain), kidney, pancreatic, and blood disorders
Hepatitis B	HepB vaccine	Contact with blood or body fluids	May be no symptoms; fever, headache, weakness, vomiting, jaundice (yellowing of skin/eyes), joint pain	Chronic liver infection, liver failure, liver cancer
Hib (Haemophilus influenzae type b)	Hib vaccine	Air, direct contact	May be no symptoms unless bacteria enter the blood.	Meningitis (infection around the brain and spinal cord), intellectual disability, epiglottitis (life-threatening infection that can block windpipe and cause serious breathing problems), pneumonia, death
Human Papillomavirus (HPV)	HPV vaccine	Direct contact	Genital warts, common warts, plantar warts, and flat warts	Cervical and other cancers, including cancer of vulva, vagina, penis, anus, back of throat, including base of tongue and tonsils
Influenza (Flu)	Flu vaccine	Air, direct contact	Fever, muscle pain, sore throat, cough, extreme fatigue	Pneumonia
Measles	MMR vaccine	Air, direct contact	Rash, fever, cough, runny nose, pinkeye	Encephalitis (brain swelling), pneumonia, death
Meningococcal	Vaccines help protect against all three serogroups (B, C, Y).	Direct contact, saliva	Fever, headache, stiff neck, nausea, vomiting, confusion	Long-term disabilities, such as loss of limb(s), deafness, nervous system problems, brain damage
Mumps	MMR vaccine	Air, direct contact	Swollen salivary glands (under the jaw), fever, headache, tiredness, muscle pain	Meningitis (infection around brain and spinal cord), encephalitis (brain swelling), inflammation of testicles or ovaries, deafness
Pertussis (whooping cough)	DTaP vaccine	Air, direct contact	Severe cough, runny nose, apnea	Pneumonia, death
Pneumococcal	PCV vaccine	Air, direct contact	May be no symptoms; pneumonia	Bacteremia, meningitis, death
Polio	IPV vaccine	Air, direct contact, through the mouth	May be no symptoms; sore throat, fever, nausea, headache	Paralysis, death
Rotavirus	RV vaccine. Max. age for vaccine is 8 months.	Through the mouth	Diarrhea, fever, vomiting	Severe diarrhea, dehydration
Rubella	MMR vaccine	Air, direct contact	Sometimes a rash, fever, swollen lymph nodes	Very serious in pregnant women—can lead to miscarriage, stillbirth, premature delivery, birth defects