



True Health New Mexico wants to help you get the most out of your prescription drug benefit. Being savvy about prescription drugs can save you money. True Health New Mexico provides coverage for brand and generic products in many drug categories. Generic drugs undergo a rigorous approval process by the Food and Drug Administration to ensure safety/efficacy and typically provide the best value and lowest copay. Sometimes, the most cost-effective option is an over-the-counter (OTC) product.

True Health New Mexico also provides coverage for a list of "preferred" generic/branded products for several chronic conditions that are available at no copay to members. **The \$0 copay does not apply to all of our health plans.** Members should call Customer Service at 1.844.508.4677 to determine if their plan provides \$0 copay coverage for many chronic conditions.

Additionally, some retail pharmacies (such as Walgreens, Walmart, CVS, etc.) maintain a list of low-cost generics that may result in lower out-of-pocket costs, when compared to a prescription copay. The attached list may help you identify alternatives to drugs that are not on the formulary, are non-preferred, or require prior authorization/step therapy.

Version: January 2023 Large Group

Non-formulary/Non-preferred/Prior Authorization Required Product Name	Condition	Formulary Alternatives (list is NOT all-inclusive) <i>*Note: over-the-counter products are not covered. They are available in retail and may be less expensive than a prescription copay.</i>
adapalene cream/gel	Acne/Skin Condition	over-the-counter Differin gel*
Afinitor tablet	Cancer	everolimus tablet (generic Afinitor)
Bystolic tablet	High blood pressure	nebivolol tablet (generic Bystolic)
Carafate suspension	Intestinal Ulcer	sucralfate suspension (generic Carafate)
cephalexin tablet	Infection	cephalexin capsule
Cuvposa suspension	Excess secretion	glycopyrrolate suspension (generic Cuvposa)
cyclosporine eye drop	Dry eye	Restasis eye drop
Durezol eye drop	Eye inflammation	difluprednate eye drop (generic Durezol)
dutasteride-tamsulosin capsule	Enlarged prostate	separate dutasteride and tamsulosin
Narcan nasal spray	Opioid overdose	naloxone nasal spray (generic Narcan)
Perforomist inhaler	Asthma/COPD	formoterol nebulizer (generic Perforomist)
ProAir/Proventil/Ventolin inhaler	Asthma/COPD	albuterol inhaler (generic Proair/Proventil/Ventolin)
Sutent capsule	Cancer	sunitinib capsule (generic Sutent)
Timoptic eye drop	Glaucoma	timolol eye drop (generic Timoptic)
travoprost 0.004% eye drop	Glaucoma	latanoprost 0.005% eye drop
Vascepa capsule 1gm	High cholesterol	icosapent ethyl capsule 1gm (generic Vascepa)
Viibryd tablet	Depression	vilazodone tablet (generic Viibryd)
Vimpat tablet	Seizure	lacosamide tablet (generic Vimpat)