



## Preventive Visits, Immunizations, and Developmental Milestones for Your Child from 18 Months Through 6 Years

Show this chart to your primary care provider (PCP). Ask him or her any questions you have about these guidelines. Our guidelines are for people who do not have symptoms of disease or illness. People who do show symptoms of disease or illness fall outside these guidelines. Such people should be treated by their providers as needed. All or some of these services may be covered by True Health New Mexico, depending on your policy. These guidelines are not a guarantee of True Health New Mexico coverage.

Child's Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_

		18 Months	19-23 Months	2 Years	3 Years	4 Years	5 Years	6 Years
<b>Recommended Preventive Visits</b>		<input type="checkbox"/> Preventive Visit Due		<input type="checkbox"/> Preventive Visit Due	<input type="checkbox"/> Preventive Visit Due	<input type="checkbox"/> Preventive Visit Due	<input type="checkbox"/> Preventive Visit Due	<input type="checkbox"/> Preventive Visit Due
<b>Recommended Immunizations</b>	Hepatitis B (HepB)	<input type="checkbox"/> HepB, 3rd dose						
	Diphtheria, Tetanus, Pertussis (DTap)	<input type="checkbox"/> DTap, 4th dose				<input type="checkbox"/> DTap, 5th dose		
	Inactivated Poliovirus (IPV)	<input type="checkbox"/> IPV, 3rd dose				<input type="checkbox"/> IPV, 4th dose		
	Influenza (Flu) <sup>1</sup>	<input type="checkbox"/> Influenza, 1 or 2 doses						
	Measles, Mumps, Rubella (MMR)					<input type="checkbox"/> MMR, 2nd dose		
	Varicella					<input type="checkbox"/> Varicella, 2nd dose		
	Hepatitis A (HepA)	<input type="checkbox"/> HepA, 2nd dose						
	Meningococcal							
<b>Milestones</b>	Milestones should be achieved by the end of the age indicated.	Says several single words	Plays mainly beside other children	Can name most familiar things	Speaks very clearly			
	Talk to your child's doctor about age-appropriate milestones if your child was born prematurely.	Points to one body part May walk up steps and run Recognizes caregiver's voice	Follows two-step commands Plays make-believe games Throws ball overhand	Shows affection for friends without prompting Turns book pages one at a time Kicks a ball	Tells stories Can print some letters or numbers Hops; may be able to skip			

Recommended age for all children

Special circumstances; ask your provider<sup>2</sup>

Can be given for catch-up immunization

**Sources:** Adapted from Centers for Disease Control and Prevention (CDC); Milestones adapted from *Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents*, Third Edition, edited by Joseph Hagan, Jr., Judith S. Shaw, and Paula M. Duncan, 2008, Elk Grove Village, IL: American Academy of Pediatrics.

- Two doses given at least four weeks apart are recommended for children aged 6 months through 8 years of age who are getting a flu vaccine for the first time and for some other children in this age group.
- If your child has any medical conditions that put him or her at risk for infections or is traveling outside the United States, talk to your child's doctor about additional vaccines that he or she may need.