

True Health New Mexico wants to help you get the most out of your prescription drug benefit. Being savvy about prescription drugs can save you money. True Health New Mexico provides coverage for brand and generic products in many drug categories. Generic drugs undergo a rigorous approval process by the Food and Drug Administration to ensure safety/efficacy and typically provide the best value and lowest copay. Sometimes, the most cost-effective option is an over-the-counter (OTC) product.

True Health New Mexico also provides coverage for a list of "preferred" generic/branded products for several chronic conditions that are available at no copay to members. **The \$0 copay does not apply to all of our health plans.** Members should call Customer Service at 1.844.508.4677 to determine if their plan provides \$0 copay coverage for many chronic conditions.

Additionally, some retail pharmacies (such as Walgreens, Walmart, CVS, etc.) maintain a list of low-cost generics that may result in lower out-of-pocket costs, when compared to a prescription copay. The attached list may help you identify alternatives to drugs that are not on the formulary, are non-preferred, or require prior authorization/step therapy.

| Non-formulary/Non-preferred/Prior Authorization Required Product Name | Condition | Formulary Alternatives (list is NOT all-inclusive) <i>Note: over-the-counter products are not covered. They are available in retail and may be less expensive than a prescription copay.</i> |
|---|--|---|
| Ajovy | Migraine | Aimovig, Emgality |
| Amcinonide | Psoriasis or Inflammatory Skin Condition | betamethasone, fluocinonide, fluticasone, mometasone |
| amiodarone 400 mg tablets | Heart Rhythm | amiodarone 200 mg tablets (2 tablets) |
| azelastine 0.15% nasal spray | Allergy | azelastine 0.1% nasal spray |
| belladonna/opium | Rectal Pain | opioid combination products such as hydrocodone-acetaminophen |
| benzoyl peroxide 10-1 emulsion | Acne | sodium sulfacetamide/sulfur liquid, clindamycin lotion |
| budesonide 3 mg (Entocort) | Inflammatory Bowel Disease | generic corticosteroids such as prednisone or methylprednisolone |
| butalbital-acetaminophen-caffeine capsules | Pain | butalbital-acetaminophen-caffeine tablets |
| candesartan | Elevated Blood Pressure | irbesartan, losartan, valsartan |
| candesartan-hydrochlorothiazide | Elevated Blood Pressure | irbesartan-hydrochlorothiazide, losartan-hydrochlorothiazide, valsartan-hydrochlorothiazide |
| clocortolone 0.1% cream | Psoriasis or Inflammatory Skin Condition | fluocinolone, fluticasone, mometasone, triamcinolone |
| clonidine patches | Elevated Blood Pressure | clonidine tablets |
| Cystagon | Nephropathic Cystinosis (rare kidney disorder) | N/A |
| eletriptan tablets | Migraine | naratriptan, rizatriptan, sumatriptan, zolmitriptan |
| fenofibric delayed-release 135 mg capsules | Elevated Lipid | fenofibrate tablets 48 mg, 54 mg, 145 mg, 160 mg; fenofibrate capsules 43 mg, 67 mg, 134 mg, 200 mg |
| fenofibric tablets 35 mg or 105 mg | Elevated Lipid | fenofibrate tablets 48 mg, 54 mg, 145 mg, 160 mg; fenofibrate capsules 43 mg, 67 mg, 134 mg, 200 mg |
| flunisolide nasal spray | Allergy | fluticasone nasal spray |
| ibandronate tablets | Bone Loss | alendronate |
| Imbruvica 140 mg tablets | Cancer | Imbruvica 140 mg capsules |

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|---|-------------------------|--|
| methscopolamine tablets | Peptic Ulcer | hyoscyamine, over-the-counter lansoprazole, over-the-counter omeprazole |
| minocycline tablets | Bacterial Infection | minocycline capsules |
| nitroglycerin spray | Chest Pain | nitroglycerin tablets |
| paliperidone | Mental Health | risperidone, quetiapine, clozapine, olanzapine, ziprasidone |
| phenazopyridine | Painful Urination | over-the-counter Azo |
| Regranex | Diabetic Ulcer | N/A |
| risedronate tablets | Bone Loss | alendronate |
| salsalate | Pain | diflunisal, diclofenac, ibuprofen, meloxicam, naproxen |
| sevelamer packets | Elevated Phosphorus | sevelamer tablets |
| telmisartan | Elevated Blood Pressure | irbesartan, losartan, valsartan |
| telmisartan-hydrochlorothiazide | Elevated Blood Pressure | irbesartan-hydrochlorothiazide, losartan-hydrochlorothiazide, valsartan-hydrochlorothiazide |
| timolol eye gel | Elevated Eye Pressure | timolol eye drops |
| tolcapone | Parkinson Disease | entacapone |
| topiramate extended-release (ER) | Seizure or Migraine | topiramate immediate-release (IR) |
| trazodone 300 mg tablets | Depression | trazodone 150 mg tablets (2 tablets) |
| zafirlukast | Asthma | montelukast |
| Zioptan | Elevated Eye Pressure | latanoprost |