



Recommended Preventive Screenings and Immunizations for Adolescents Ages 7-18

Show this chart to your primary care provider (PCP). Ask him or her any questions you have about these guidelines. Our guidelines are for people who do not have symptoms of disease or illness. People who do show symptoms of disease or illness fall outside these guidelines. Such people should be treated by their providers as needed. All or some of these services may be covered by True Health New Mexico, depending on your policy. These guidelines are not a guarantee of True Health New Mexico coverage.

Recommended age for all children
 Special circumstances; ask your provider¹
 Can be given for catch-up immunization

		7-10 Years	11-12 Years	13-15 Years	16 Years	17-18 Years
Vaccine						
Recommended Immunizations	Pneumococcal (PPSV 23)					
	Meningococcal		Meningococcal, 1st dose		Meningococcal, 2nd dose	
	Human Papillomavirus (HPV)		2 or 3 doses			
	Tetanus, Diphtheria, Pertussis (Tdap)		Tdap			
	Influenza (Flu)	Annually				
	Hepatitis A (Hep A)					
	Hepatitis B (Hep B)					
	Inactivated Poliovirus (IPV)					
	Measles, Mumps, Rubella (MMR)					
	Varicella (VAR)					
Service						
Recommended Screenings	Routine Health Exam	Annually				
	Body Mass Index (BMI)	BMI during routine health exam				
	Dental Visit	Every 6-12 months, or as your dentist suggests				

Sources: Adapted from Centers for Disease Control and Prevention (CDC); The United States Preventive Service Task Force

1. If your child has any medical conditions that put him or her at risk for infections or is traveling outside the United States, talk to your child's doctor about additional vaccines he or she may need.