



LET'S TALK: Relationships & Beyond



A Virtual Lunch-Hour Chat

BRING YOUR QUESTIONS OR JUST COME TO LISTEN:



**Setting Boundaries
& Speaking Up**



**Dating, Sexuality, &
Relationships**



**Our Bodies &
Sexual Health**



**Navigating Friends &
Strong Support Systems**

— ♦ — **No judgment. No shame. Just real conversation.** — ♦ —

Every Month: August 2026 - June 2027

**Every 1st Thursday
12:00pm - 1:00pm**

WHO IS THIS FOR?
Parents & Guardians,
DSPs & Care Providers,
Professionals, Natural
Supports, Teachers

**Every 2nd Thursday
12:00pm - 1:00pm**

WHO IS THIS FOR?
Teens and Adults with
Intellectual and
Developmental Disabilities
(14 years and older)



REGISTER: Scan the QR Code



— ♦ — **"A safe, inclusive space to explore, understand, and connect."**

Hosted by:
DDSD Socialization and Sexuality Education Project Contractor:
Thea Kavanaugh, realtherapeutics@gmail.com

NOTE: This is not a class. This is a time to talk about things on your mind and questions you have.