

PARTICIPANT CORNER

Stunning artwork by Adam



Your Talent is in Demand!

Are you a poet, storyteller, artist or just want to share a picture of yourself doing a favorite activity or maybe some great news? Please submit pictures of your original artwork, short stories, or poems. Submissions to be featured in an upcoming Mi Via Newsletter. Submissions can be sent to: Rachel.gonzales@hsd.nm.gov

Shining Star Employees of the Month

Do you have a Direct Support Professional (DSP) that you would like to spotlight and allow to shine? DDSD would like to recognize our DSPs who provide above and beyond support to Mi Via Participants. DDSD Mi Via Unit will feature Shining Stars in the Mi Via Newsletter monthly. Submit a brief note of why you would like to recognize your staff. Submissions can be sent to: Elaine.Hill@doh.nm.gov

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FMA-Conduent Contact Information:

Phone: 1-800-283-4465

Toll-free Fax: 1-866-302-6787

E-mail for Form Submission:

docprocessing@conduent.com

Physical Address:

1720-A Randolph Rd SE

Albuquerque, NM 87106



September 2023

Expression of Joy needs you!

Expression of Joy is a choir for adults ages 17 and up with different needs. Weekly rehearsals began on Monday August 21 at 7pm. Rehearsals are Monday's at 7pm. Membership is free, just show up. Expression of Joy is always looking for singers and volunteers.

Weekly rehearsals at:
Netherwood Park Church of Christ
5101 Indian School Rd. NE
Albuquerque, NM 87110

For more information:

www.abqjoy.org
<http://www.facebook.com/ABQJoy>

Email:
abqjoy@yahoo.com

Upcoming performances:

- The Buddy Walk 9/16 at UNM East Practice Fields
- The Harvest Fair 9/23 at The Albuquerque Garden Center

Attend an Upcoming Mi Via Advisory Committee Meeting

The next Mi Via Advisory Committee (MVAC) is October 26, 2023, at 12:30pm. Meetings are held quarterly and are 3 hours in length. You do not need to be a member to attend. If you are interested in getting an invite, please email elaine.hill@doh.nm.gov

Itemized Internet and Phone Bill Submissions

Internet and phone services are a covered goods under the Mi Via program. When asking for Internet or phone services on your budget, it is very important to attach the itemized bill or invoice for these services. The service bill must be very clear and show what cost is being asked for. The Mi Via program cannot pay for internet or phone services for family members, EOR's or employees.

Items not covered:

- Equipment charges
- Google Play
- Disney Plus
- Apple music/arcade
- International texting or
- Other streaming services
- Insurance
- More than one phone line.

Add on items may show on your internet or phone bill, but Mi Via cannot pay for them. Add on items cannot be included in the total that is being asked for the internet or phone service on your budget.

Community Resources:

Weatherization programs

Northern NM

www.centralnmhousing.org

Southern NM

www.swnm.org

www.icastusa.org



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Comagine Health and the Importance of In-Home Assessments (IHA)

Comagine Health formerly known as Qualis is the Third-Party Assessor (TPA) for the Mi Via waiver. They are responsible for reviewing the following:

- Initial and annual level of care (LOC)
- SSP
- Budgets
- Waiver Change Form sent from Department of Health (DOH)
- Completed Primary Freedom of Choice (PFOC) sent from DOH

Comagine completes along with the assistance of Goodwill In-Home Assessments (IHA) which are very important in the process of receiving a LOC. Please ensure that you keep your scheduled IHA. If you need to reschedule contact Comagine as soon as possible.

IHA facts:

- You will receive a call from Comagine Health or Good Will Industries to schedule an IHA that is expiring soon or for new Mi Via participants.
- IHA's will take approximately 2 hours to complete.
- IHA's are available Monday-Friday and on weekends.
- IHA's can be scheduled after 5pm Monday-Friday.

If your LOC is expiring in the next ninety (90) days and you have not received a phone call from Comagine or Goodwill, please contact **Comagine at 1-866-962-2180 or 505-217-7680**. Please have a couple of dates and times that you are available. If Comagine does not answer, please leave a message, and include

the dates and time you prefer. Comagine will call you back within twenty-four (24) hours.

IHA must be completed at the home. If you would like to request the IHA to be done outside of the home, please contact your consultant. Your consultant will contact the Department of Health (DOH) and ask for permission. The DOH will review your request. Your request may be approved or denied.

Income Support Division (ISD) Contact Information

It is very important that participants contact information is always current. If participants have a change of address or phone number, these changes need to be reported within 10 days to ISD. This ensures if a participant needs to be contacted for any reason, they are not missing important calls, correspondence, or visits such as In-Home Living Assessments.

To update your contact information:

- Call 1-800-283-4465 and speak with a 7am-6:30pm.
- Log into your account on [YES NM](#) and report changes.
- Or you can go into the local ISD office and fill out a Report of Changes form (ISD 109) and submit in the drop box, mail, or fax in.

ISD mail: CASA, PO Box 830, Bernalillo, NM 87004

ISD Fax: 1-855-804-8960



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Service Highlights:

Specialized Therapies

Specialized therapies are non-experimental therapies or techniques that have been proven effective for certain conditions. Services must be related to the participant's disability or condition and ensure the participant's health and welfare in the community. This service will supplement (not replace) the participant's natural support and other community services for which the participant may be eligible.

Some services in this category are:

- **Acupuncture** involves the insertion of very thin needles at strategic points on a participant's body to help with pain, overall wellness, and stress management.
- **Biofeedback** is a type of mind-body technique that trains a participant to control certain bodily processes that normally happen involuntarily such as heart rate, breathing patterns, muscle response and skin temperature.
- **Chiropractic** usually involves manual therapy, often including spinal manipulation to correct alignment problems, ease pain and improve certain reflexes, sensation, improve range of motion and lead to improved general health.
- **Cognitive rehabilitation therapy** is a group of treatments that help improve a participant's ability to think after a brain injury or illness that affects the brain.

- **Hippotherapy** is the use of horseback riding to improve coordination, balance, posture, fine motor control, improving speech, increase mental skills and strength.

Experimental or investigational procedures, technologies or therapies and those services covered by the Medicaid state plan are excluded.

Helpful links:

NMAC 8.314.6.15 G (2):

<https://www.srca.nm.gov/parts/title08/08.314.006.html>

Mi Via Service Standards Appendix A page 57
<https://www.nmhealth.org/publication/view/policy/3381/>

Look for other specialized therapies in the October Mi Via Newsletter

JUST FOR LAUGHS

What do you call an angry carrot?
A steamed vegetable.

What would bears be without bees?
Ears.

Why did the bicycle fall over?
Because it was two tired.

ACTIVITIES IN YOUR COMMUNITY

- Jordan World Circus, 9/17@5pm
825 Outlaw Rd, Church Rock
- Free Family Craft Hour,
9/17@3pm, Eis Haus & Ice Rink,
Thunderbird Rd, Taos Ski Valley
- 2nd Annual Sandoval County Car
Show and Market, 9/16@2PM,
1500 Idalia Rd, Bernalillo
- Rio Rancho Oktoberfest,
9/16@2pm, 3301 Southern Blvd
SE, Rio Rancho
- 1st Annual Fall Fest, 9/30@3pm,
Site Santa Fe, 332 Read St, Santa
Fe
- Grant County Fair, 9/21-9/22,
Grant County Fairgrounds, 10
Arena Rd, Gila
- BillyPalooza! 9/23-9/24, Ellis Store
& Country Inn, 1435 Calle la
Placita, Lincoln
- Diez y Seis de Septiembre, 9/16-
9/17, Mesilla Plaza, Calle Principal,
Las Cruces
- Pinto Bean Fiesta, 9/30@9am,
Moriarty City Park, 201 Broadway,
Moriarty
- 36th Annual Pinata Festival, 9/8-
9/10, 401 N. Main St. Roswell
- Wagon Mound Bean Day
Celebration 9/2-9/4, 206 Park ave,
Wagon Mound
- Una Mas y La ChaCha at La Fiesta
de Santa Fe, 9/9@2pm, Santa Fe
Plaza, 80 E. San Francisco St

More stunning artwork by Adam

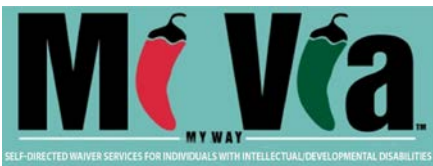


POSITIVE THOUGHTS

"If you want to lift yourself up, lift up
someone else"
Booker T. Washington

"We will fail when we fail to try"
Rosa Parks

"Once you face your fear, nothing is ever
as hard as you think."
Olivia Newton-John



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Mi Via Circle of Support

MI VIA DOH Website: <https://nmhealth.org/about/ddsd/pgsv/sdw>

Consultant Agency Name	Contact Name	Phone	E-mail	Regions(s)
Active Advocates of New Mexico	Alicia Sisneros	505-353-1778	AliciaS@ActiveAdvocatesNM.com	All of New Mexico
CNRAG, Inc. (Care Network Resource Assistance Group)	Fallon Vincell	575-621-3645	fvincell@cnragusa.com	Metro, SE & SW
Consumer Direct Personal Care (CDPC)	Jacqueline Mares	505-553-5695	jacquelinem@consumerdirectcare.com	All of New Mexico
Excel Case Management, Inc.	Jennifer Pennington	505-324-8660 ext 102	jPennington@excelcasemanagement.com	NW & SE Regions
Innovative Self Direction	Frank Aquila	505-850-7662	faquila@innovativeselfdirection.com	All of New Mexico
Los Amigos, LLC	Michelle Rutt	505-920-4511	Michelle@losamigosnm.com	All of New Mexico
Me Town Enterprises, LLC	Kimberly Riebsomer	505-310-9069	riebsomer@gmail.com	Metro & NE
Merit Consulting, LLC	Melinda Broussard	505-288-2889	mbroussard.merit@gmail.com	Metro
Peak Developmental Services	Sarah Martinez	505-281-9962	smartinez@nmddwcm.com	All of New Mexico
Self-Directed Choices	Sandy Skaar Jacob Patterson	505-508-1663	Sandy@sdchoices.com Jacob@sdchoices.com	All of New Mexico
UNM Center for Development and Disability (CDD)	Carrie Roberts Janelle Groover	505-280-6442 505-401-9328	CnRoberts@salud.unm.edu jtorresgroover@salud.unm.edu	All of New Mexico
Visions Case Management	Charles Clayton	575-779-7419 888-588-9152	Charles@visionsnm.com	All of New Mexico



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NEW MI VIA WAIVER EMAIL ADDRESS:

Mi Via Waiver: MVWaiverHSD@hsd.nm.gov

For: Mi Via Questions, Conduent, Billing and Payment Issues

Human Services Department / Medical Assistance Division – Exempt Services and Program Bureau

PO Box 2348, Santa Fe, NM 87504-2348

Toll-free Phone: 1-888-997-2583, Fax: 505-827-7277

HSD manages the FMA/Conduent contract and the TPA/Comagine contract

Deanna DeHerrera	Mi Via & Medically Fragile Waivers Staff Manager Functions: Mi via & Medically Fragile Waiver Oversight	505-629-7260	Deanna.DeHerrera@hsd.nm.gov
Rachel Gonzales	Mi Via Social & Community Coordinator Functions: Conduent, Billing, Payment issues	505-490-3721	MVWaiverHSD@hsd.nm.gov
Jennifer Romero	Mi Via Social & Community Coordinator Functions: Participant Eligibility Issues and Technical Assistance	505-469-8522	MVWaiverHSD@hsd.nm.gov

Department of Health / Developmental Disabilities Supports Division

5301 Central NE, Suite 203, Albuquerque, NM 87108

Phone: 1-800-283-5548

DOH operates the Mi Via Program for Developmental Disability (DD) and Medically Fragile (MF) Populations
Oversees consultant agency contracts

Elaine Hill	Mi Via Waiver Program Manager Functions: Participant/Consultant Issues and Technical Assistance, and statewide MF WCF & MF CACF	505-506-6103	elaine.hill@doh.nm.gov Fax: 505-841-6523
Rudy Aguilera	Mi Via Waiver Project Coordination Functions: Participant/Consultant Issues and Technical Assistance	505-239-7826	rudy.aguilera@doh.nm.gov Fax: 505-841-6523

Comagine Health

PO Box 20910, Albuquerque, NM 87154-0190

Phone: 1-866-962-2180

Comagine Health is the Third-Party Assessor (TPA) for Mi Via. They are responsible for reviewing and approving the Service and Support Plans (SSP).

Blue Cross Blue Shield	877-232-5518 Option 3	www.bcbsnm.com/community-centennial
Presbyterian	888-689-1523	http://www.phs.org/centennialcare
Western Sky	844-543-8996	http://www.westernskycommunitycare.com/



September 2023

September Dates to Remember						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Vendor checks received or deposited	2 Deadline to submit PRFs for 9/15 vendor payment
3 National Cinema Day	4 Labor Day	5	6	7	8 Paychecks & vendor checks received or deposited, end of the pay period	9 Deadline for faxed timesheets & mileage for 9/22 payment & PRFs for 9/22 vendor payments
10 National TV Dinner Day	11 National Grandparents Day	12	13	14	15 Vendor checks received or deposited	16 Deadline to submit PRFs for 9/29 vendor payment
17	18 National Dance Day	19	20 Pepperoni Pizza Day	21	22 Paychecks & vendor checks received or deposited, end of the pay period	23 Deadline for faxed timesheets & mileage for 10/6 payment & PRFs for 10/6 vendor payments
24	25 National Quesadilla Day	26 National Shami the Whale Day	27	28	29 Vendor checks received or deposited	30 Deadline to submit PRFs for 10/13 vendor payment