Guide to Accessing Community Resources Contact and Referral Information



New Mexico Health Care Authority Developmental Disabilities Supports Division

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The purpose of this booklet is to provide information on community resources and supports in New Mexico for individuals with intellectual and developmental disabilities.

This includes information on how to access these resources in person, via phone, as well as through the internet.

There are several broad categories of resources:

- Advocacy and Support
- Assistive Technology and Medical Equipment
- Autism
- Family and Community Services
- Financial Assistance
- Health Care and Therapies
- Housing
- Waiver and Medicaid Services
- And more

Many of the agencies listed in this booklet are centralized access points for multiple resources.

We appreciate any updates to the information provided in this booklet, as well as any additional resources you would like to share.

To make updates or add other information to this brochure, contact:

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DDSD will be updating the material in this booklet periodically. Check the front cover for version date.

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The University of New Mexico (UNM), Center for Development and Disability (CDD) has the following resources:

Library: The library contains a specialized collection of books, videos, DVDs, periodicals and journals available for check-out or on-site use by the public.

Information Network: The Information Network provides information to individuals with disabilities, families, and professionals on local, state, and national resources.

Resource Database: The Disability Resource Directory (DRD) is a database of New Mexico programs, agencies and organizations that provide services to persons with disabilities. You may search the database by category, service name or service type.

Autism Resources: The mission of The Autism Programs is to provide requested support to individuals with autism spectrum disorders and their families.

Early Childhood Home and Family Services Division: The Early Childhood Home and Family Services Division is dedicated to supporting strong communities through the support of children and families, working to promote positive futures and prevent delay, disability, and risk of disability.

Early Childhood Learning Network: Early Childhood Learning Network offers training to Early Intervention Providers, Service Coordinators, Teachers, Home Visitors and Preschool Personnel around New Mexico.

To speak with an Information Specialist at the UNM-CDD Information Network regarding disability related resources, call the Information Network: 1-800-552-8195 or 505-272-8549.

Access the online Disability Resource Directory at:

http://www.cdd.unm.edu/Infonet/index.html

The ARC of New Mexico

The ARC of New Mexico is another valuable resource for individuals and families. Resources at the ARC include:

- **Self–Advocacy** Provide learning and mentorship opportunities to individuals with disabilities and their families to help them advocate for themselves and for other individuals.
- Master Trust Special needs trusts.
- Organizational Payee Service that assists individuals with developmental disabilities who are unable to manage their own benefit checks by maintaining a direct deposit account for the beneficiaries Social Security or Railroad board benefit checks. The Representative Payee program is administered by the Social Security Administration.
- Additional Resources The "Resources" link on the ARC website provides a list of resources and contact information for various state and federal agencies and other resources.

Address: 3655 Carlisle NE, Albuquerque, New Mexico 87110

Phone: 505-883-4630 and 1-800-358-6493

Fax: 505-883-5564

Website: www.arcnm.org

Aging & Disability Resource Center (ADRC) NM Aging and Long-Term Services Department

The Aging & Disability Resource Center (ADRC) assist elders, persons with disabilities and caregivers to find services and resources to help them live well and independently.

The ADRC can help with:

- Information and Assistance
- Health and Independent Living
- Long-Term Options Counseling
- CoLTS-C Medicaid Waiver for Home and Community-Based Services
- Adult Protective Services Intake
- New Mexico Social Services Resource Directory
- Community Information and Education
- Health Care Fraud Prevention
- Prescription Drug Assistance
- Benefits Counseling

Address: 2550 Cerrillos Road, Santa Fe, NM 87505

Phone: 1-800-432-2080

Email: communications@altsd.nm.gov

Website: www.aginginnm.org/



New Mexico Developmental Disability Planning Council (DDPC)

The New Mexico Developmental Disability Planning Council (DDPC) is another resource for federal and state programs for individual with disabilities.

- **Federal Programs** Includes information on federal rules and programs for individuals with developmental disabilities.
- **Self-Advocacy Program** Supports people with developmental disabilities to be empowered, making their own decisions, speaking up for themselves and others, taking control of their own lives, creating awareness about disability issues and achieving maximum independence and quality of life.
- **Guardianship** Has a variety of guardianship resources, whether someone has a current guardian or is interested in learning about guardianship. DDPC contracts with "Corporate Guardians" for individuals without someone to serve as their guardian. DDPC also contracts for legal services for guardianship court proceedings, and provides education and training related to guardianship.
- **Brain Injury Advisory Council** Provides support and information for individuals who have experienced brain injuries.

Address: 625 Silver Avenue SW, Suite 100, Albuquerque, New Mexico 87102

Phone: 505-841-4519

Website: www.nmddpc.com/



Benefits Connection Center at Adelante

The Benefits Connection Center at Adelante provides free benefits enrollment services to low-income seniors (65+) and any person with a disability (21+) in New Mexico. Se habla Espanol.

Benefits Checkup & Screening

Wonder what benefits you might be eligible for? The Benefits Connection Center can help you find out. Once we know the benefits you are eligible to receive, we will do all the work to get you enrolled for your benefits. In other word, you have no application forms or other paperwork to complete!

Call the Benefits Connection Center at 505-273-5222 or toll-free at 1-844-266-2236 outside the Albuquerque metro area between 8:00 AM and 5:00 PM, Monday through Friday.

When calling, one of our benefits assistants will gather the necessary information from you such as Social Security number, proof of income, address and any other information needed to complete the screening process. This FREE service is made possible thanks to a grant from the National Council on Aging (NCOA).

Assistance in accessing government benefits includes but is not limited to the following:

- SNAP (Supplemental Nutritional Assistance Program)
- LIHEAP (Low-income energy assistance)
- Medicaid
- Medicare Savings Programs
- Medicare Part D
- Supplemental Security Income (SSI)

Phone: 505-273-5222 (Albuquerque Metro Area) or 1-844-266-2236 (Toll-

Free/Statewide)
Fax: 505-449-4472

Website: https://goadelante.org/community-resources/benefits-connection-center/

Adaptive Equipment

A great resource for adaptive equipment is the New Mexico Technology Assistance Program (NM TAP).

NM TAP offers free services to New Mexicans with disabilities to help them get the assistive technology services they need. NM TAP is a statewide program designed to increase knowledge of, access to, and acquisition of assistive or adaptive technology for anyone with any disability, anywhere in the state, of any age.

NM TAP also offers individuals with disabilities, teachers, therapists, case managers, and counselors the opportunity to try out assistive devices/software prior to purchase and to best match user needs.

NM TAP also has an active computer and durable medical equipment donation program that places "gently used" assistive devices in the homes and offices of New Mexicans with disabilities. Equipment donations are also accepted as well.

Phone: 505-841-4464 or 1-877-696-1470 (Toll Free GCD, in state only)

Fax: 505-841-4467

Website: www.tap.gcd.nm.gov/

Adelante, Inc. of Albuquerque: Back in Use Program

Adelante, Inc. of Albuquerque operates a program called Back in Use. Back in Use helps recycle assistive technology in New Mexico by taking in donations of items like wheelchairs, walkers, hospital beds, and communication devices and connecting those items to seniors and people with disabilities who need them, free of cost. Visit the website to donate assistive devices or get connected to goods you need.

Phone: 505-341-7171

Application: https://goadelante.org/disability-services/assistive-equipment-biu/backinuse-

request-equipment/

Adelante Website: https://goadelante.org/

Enabling Technology

Enabling technology helps support a person with disabilities to live as independently as possible. Enabling technology includes sensors, mobile applications, remote support systems, and other smart devices. Enabling technology can support a person in navigating their jobs and communities, gain more control of their environment, and provide remote support and reminders to assist a person in living more independently.

• For more information on Enabling Technology, visit the HCA-DDSD website: www.hca.nm.gov/enabling-technology/

Access to the Internet

Many people can access the internet via smartphone, computer, laptop, iPad, or tablet. For those who do not have access to these devices in their homes, public libraries can be utilized to access the internet.



The following pages contain a listing of libraries across the state with internet access.

Library Branches with Internet Access

Albuquerque

<u>Alamosa Library</u>

6900 Gonzales SW Albuquerque, NM 87121 505-836-0684

Cherry Hills Library

6901 Barstow NE Albuquerque, NM 87111 505-857-8321

East Mountain Library

1 Old Tijeras Rd Tijeras, NM 87059 505-281-8508

Erna Fergusson Library

3700 San Mateo NE Albuquerque, NM 87110 505-888-8100

Ernie Pyle Library

900 Girard SE Albuquerque, NM 87106 505-256-2065

Juan Tabo Library

3407 Juan Tabo Blvd NE Albuquerque, NM 87111 505-291-6260

Lomas Tramway Library

908 Eastridge Dr NE Albuquerque, NM 87123 505-291-6295

Taylor Ranch Library

5700 Bogart St NW Albuquerque, NM 87120 505-897-8816

Tony Hillerman Library

8205 Apache Ave NE Albuquerque, NM 87110 505-291-6264

More Libraries in New Mexico

Las Cruces

Las Cruces Public Library

200 E. Picacho Ave. Las Cruces, NM 88001 575-528-4000

Gallup

Octavia Fellin Library

115 W. Hill Ave Gallup, NM 87301 505-863-1291

Taos

Taos Public Library

402 Camino de la Placita Taos, NM 87571 575-758-3063 librarian@taosgov.com Santa Fe

Santa Fe Public Library

140 Washington Ave. Santa Fe, NM 87501 505-955-6781

<u>library@santafenm.gov</u>

Roswell

Roswell Public Library

301 N Pennsylvania Ave Roswell, NM 88201 575-622-7101

In addition to the libraries listed here, check with your other local libraries, as many public libraries have internet access.

U.S. Department of Housing and Urban Development

The U.S. Department of Housing and Urban Development has information on Low-Income Housing Assistance, including links and contact information for local Housing Assistance Programs across New Mexico. These and more resources can be found on their website.

- Webpage for New Mexico: <u>www.hud.gov/states/new-mexico</u>
- General Webpage: www.hud.gov



Advocacy and Support Resources

The agencies and organizations listed below provide support for individuals with developmental disabilities and their families:

Americans with Disabilities Act-ADA Info Line

U.S. Department Of Justice Civil Rights Division Disability Rights Section 950 Pennsylvania Avenue, NW, Washington D.C. 20530-0001

Phone: 800-514-0301 TTY: 1-833-610-1264

Website: www.ada.gov/infoline/

The ARC of New Mexico

3655 Carlisle Blvd NE, Albuquerque, NM

87110

Phone: 505-883-4630 and 1-800-358-

6493

Website: www.arcnm.org

Center for Self-Advocacy, Developmental Disability Planning Council

625 Silver Ave SW, Suite 100, Albuquerque, NM 87104 Phone: 505-841-4519

Fax: 505-841-4590

Website: www.nmddpc.com/csa

Disability Rights New Mexico

3916 Juan Tabo Blvd., NE, Albuquerque,

NM 87111

Phone: 505-256-3100 Fax: 505-256-3184 Website: www.drnm.org

Governor's Commission on Disability

491 Old Santa Fe Trail, Lamy Building

Rm 117 Santa Fe, NM 87505

Phone: 505-476-0412 or 877-696-1470

(Toll Free in state only)

Email: gcd.mailbox@gcd.nm.gov

Website: www.gcd.nm.gov/

NM Autism Society

PO Box 30955, Albuquerque, NM 87190

Phone: 505-332-0306

Website: nmautismsociety.org

Parents Reaching Out (PRO)

5130 Masthead St NE, Suite C

Albuquerque, NM 87109

Phone: 505-247-0192 and 800-524-5176 Website: http://www.parentsreaching

out.org

Email: info@parentsreachingout.org

Many of these organizations have offices in other parts of New Mexico as well – ask about groups in your area.

Additional advocacy resources can be identified by contacting the Developmental Disabilities Supports Division office in your region:

Metro Region: Counties of Bernalillo, Sandoval, Torrance and Valencia

Northeast Region: Counties of Colfax, Harding, Los Alamos, Mora, Rio Arriba, San Miguel,

Santa Fe, Taos and Union

Northwest Region: Counties of Cibola, McKinley, and San Juan

Southeast Region: Counties of Chaves, Curry, De Baca, Eddy, Guadalupe, Lea, Lincoln,

Quay, and Roosevelt

Southwest Region: Counties of Catron, Dona Ana, Grant, Hidalgo, Luna, Otero, Sierra, and

Socorro

Developmental Disabilities Supports Division Regional Offices Contact Information

DDSD Central Office

1190 St. Francis Dr., Santa Fe, NM 87505

Phone: 505-476-8913

Metro Regional Office

5300 Homestead, Albuquerque, NM 87110

Phone: 505-841-5500

Northeast Regional Office

224 Cruz Alta, Suite B, Taos, NM 87571

Phone: 1-866-315-7123 or 505-476-

2730

Northwest Regional Office

2910 E. Historic Rte. 66, Gallup, NM 87301

Phone: 1-866-862-0448 or 505-863-9937

Southeast Regional Office

726 B South Sunset Roswell, NM 88203

Phone: 1-866-895-9138 or 575-624-

6100

Southwest Regional Office

1170 N. Solano Dr., Suite G, Las

Cruces, NM 88001

Phone: 1-866-742-5226 or 1-575-528-

5180