

PARTICIPANT CORNER

Alesia learning how to make resin crafts.



Your Talent is in Demand!

Are you a poet, storyteller, artist or just want to share a picture of yourself doing a favorite activity or maybe some great news? Please submit pictures of your original artwork, short stories, or poems. Submissions to be featured in an upcoming Mi Via Newsletter. Submissions can be sent to: rachel.gonzales@hca.nm.gov

Shining Star Employees of the Month

Do you have a Direct Support Professional (DSP) that you would like to spotlight and allow to shine? DDSD would like to recognize our DSPs who provide above and beyond support to Mi Via Participants. DDSD Mi Via Unit will feature Shining Stars in the Mi Via Newsletter monthly. Submit a brief note of why you would like to recognize your staff. Submissions can be sent to: <u>rachel.gonzales@hca.nm.gov</u>

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FMA-Conduent Contact Information:

Phone: 1-800-283-4465 Toll-free Fax: 1-866-302-6787

E-mail for Form Submission:

docprocessing@conduent.com

Physical Address:

1720-A Randolph Rd SE Albuquerque, NM 87106



Shining Star of the Month

Maylene Jaramillo is our Mi Via Consultant, and we are very grateful to her. She is so knowledgeable, humorous, and always flexible with her schedule. This is not work for her it is her life's mission to help families with special needs loved ones. She knows what it is like to have an exceptional family member, and this shows in her incredible empathy, sensitivity, and patience. She always listens, gives advice, and respects the participant's choices. We feel blessed to have Maylene in our lives.

With much gratitude, Susy and family

POSITIVE THOUGHTS

"When you come to the end of your rope, tie a knot and hang on." Franklin D. Roosevelt

"We must find time to stop and thank the people who make a difference in our lives." John F. Kennedy

"Instead of being ashamed of what you've been through, be proud of what you have overcome!" – Phil McGraw

Do what is right. Not what is easy.

How to Successfully Complete a Claim

When submitting a Vendor Payment Request (VPR) it is very important to double check all required fields. Always provide the correct information. Ensure all areas that require a signature are signed and dated.

Participant Information:

- Write the participant's full legal name
- Write the Medicaid ID
- Write the correct approved budget period

Vendor information:

- Write full vendor name or business name
- Write vendor federal employer identification number (FEIN) or social security number
- Write vendor address

Always submit the VPR with the vendor invoice. **Future dated invoices will not be accepted**. Vendor invoices must be signed and dated by the vendor.

It is good practice to:

- Double check budget period
- Dates of service
- Signature
- Always make sure that invoice and VPR totals match.
- Always hold on to copies of:
 - o VPR Invoice
 - Proof of submission
- Initial VPR and invoice must be submitted within 90 days of 1st date of service (DOS).

If you are needing assistance or have questions, please contact the Consolidated Customer Service Center at 800-283-4465

All documents may be provided to:

Fax 1-866-302-6787 or

Email: <u>docprocessing@conduent.com</u> or CONDUENT P.O. Box 27460 Albuquerque, NM 87125-7460



Coming soon:

- Electronic Visit Verification (EVV) E-Codes have been updated in the EVV system.
- The go live date is January 25, 2025
- Trainings scheduled:
 - January 15, 2025- January 17, 2025
 - January 21, 2025-January 24, 2025
- Training links will be sent out soon.

Service Highlights:

Community Direct Support and Navigation (CDS)

Community Direct Supports purpose:

- Find
- Grow
- Support and
- Keep community connections outside of their home
- Access:
 - o Social
 - Educational
 - Free time choices
- Grows:
 - o Natural supports
 - o Networks
 - o Friendships and
 - Builds a feeling of belonging in their community
- CDS builds:
 - o Independence
 - Increases connections

- Helps the participants build a connection with their community
- o Give to their community
- Participant is supported to make these community connections personally and not as part of a group of people with disabilities
- CDS does not cover:
 - o Formal education
 - Home schooling
 - Tutoring
 - Vocational services

CDS must be provided outside the home.

ACTIVITIES IN YOUR COMMUNITY

- Lotus Sound Bath at The Cathedral of St. John Free Monthly Sound Series 1/6 @6:30pm, The Cathedral of St. John, 318 Silver Ave SW, Albuquerque
- AstroFriday 1/10 @6:30pm, San Juan College Planetarium, Room 1723, 4601 College Blvd, Farmington
- Torchlight Parade & Fireworks 1/18 @7pm, The Lift House, 200 Pioneer Rd, Red River
- Rockhound State Park Public Viewing 1/17 @6pm, Rockhound State Park, 9880 Stirrup Rd SSE, Deming
- Family Art Making at New Mexico Museum of Art 1/5 @10am, NM Museum of Art, 107 W Palace Ave, Santa Fe



Community Resources:

Housing:

Developmentally disabled & persons with Behavioral health Needs Albuquerque Albuquerque Health Care for the Homeless 505-766-5197

Crossroads for Women Housing and services for women with drug addictions or mental health disorders who are homeless and/or formerly incarcerated. 505-242-1010

HELP New Mexico, Inc. 505-265-9674

HopeWorks Day shelter and services for men, women, and families. 505-843-9797

Supportive Housing Coalition of New Mexico 505-255-3643

Therapeutic Living Services, Inc. 505-268-5295

Farmington San Juan County Partnership 505-325-4214

Las Cruces Mesilla Valley Community of Hope 575-523-2219

Las Vegas Samaritan House 505-454-1390

Roswell CHOICES Center for Independent Living 575-627-6727 Santa Fe New Vistas/A New Mexico Center for Independent Living 505-471-1001

St. Elizabeth Shelter 505-982-6611

The Life Link 505-438-0010

Housing for physically disabled: Albuquerque Catholic Charities of Central New Mexico 505-724-4670

Independent Living Resource Center 505-266-5022

Farmington San Juan Center for Independence 505-566-5827

HUD has a customer support number at (800) 955-2232 for emergency section 8.

JUST FOR LAUGHS

Why can't Elsa from Frozen have a balloon?

Because she will "let it go, let it go."

Why couldn't the pony sing a lullaby?

She was a little horse.

What does a cloud wear under his raincoat?

Thunderwear



Mi Via Circle of Support

MI VIA HCA Website: https://nmhealth.org/about/ddsd/pgsv/sdw

Consultant Agency Name	Contact Name	Phone	E-mail	Regions(s)
Active Advocates of New Mexico	Alicia Sisneros	505-353- 1778	AliciaS@ActiveAdvocatesNM.com	All of New Mexico
CNRAG, Inc. (Care Network Resource Assistance Group)	Fallon Vincell	575-621- 3645	fvincell@cnragusa.com	Metro, SE & SW
Consumer Direct Personal Care (CDPC)	Margarita Chavez- Sanchez	505-344- 8182 x3535	margaritacs@consumerdirectcare.com	All of New Mexico
Excel Case Management, Inc.	Jennifer Pennington	505-324- 8660 ext 102	jPennington@excelcasemanagement.com	NW & SE Regions
Innovative Self Direction	Frank Aquila	505-850- 7662	faquila@innovativeselfdirection.com	All of New Mexico
Los Amigos, LLC	Michelle Rutt	505-920- 4511	Michelle@losamigosnm.com	All of New Mexico
Me Town Enterprises, LLC	Kimberly Riebsomer	505-310- 9069	riebsomer@gmail.com	Metro & NE
Merit Consulting, LLC	Melinda Broussard	505-288- 2889	mbroussard.merit@gmail.com	Metro
Peak Developmental Services	Sarah Martinez	505-281- 9962	smartinez@nmddwcm.com	All of New Mexico
Self-Directed Choices	Jacob Patterson	505-508- 1663	Jacob@sdchoices.com	All of New Mexico
UNM Center for Development and Disability (CDD)	Carrie Roberts Janelle Groover	505-280- 6442 505-401- 9328	CnRoberts@salud.unm.edu jtorresgroover@salud.unm.edu	All of New Mexico
Visions Case Management	Charles Clayton Casie Reza	575-779- 7419 888-588- 9152	Charles@visionsnm.com casie@visionsnm.com	All of New Mexico



Health Care Authority/ Medical Assistance Division – Exempt Services and Program Bureau PO Box 2348, Santa Fe, NM 87504-2348 Toll-free Phone: 1-888-997-2583, Fax: 505-827-7277

HCA manages the FMA/Conduent contract and the TPA/Comagine contract

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Deanna DeHerrera	Mi Via & Medically Fragile Waivers Staff Manager Functions: Mi via & Medically Fragile Waiver Oversight	505-629- 7260		Deanna.DeHerrera@hca.nm.gov		
Rachel Gonzales	Mi Via Social & Community Coordinator Functions: Conduent, Billing, Payment issues	3721		<u>MVWaiverHSD@hca.nm.gov</u>		
Jennifer Romero	Mi Via Social & Community Coordinator Functions: Participant Eligibility Issues Issues and Technical Assistance	8522 bility Issues		MVWaiverHSD@hca.nm.gov		
5300 Home: Phone: 1-80	Health Care Authority / Developmental Disabilities Supports Division 5300 Homestead Rd. NE Suite 213, Albuquerque, NM 87110 Phone: 1-800-283-5548					
	DDSD operates the Mi Via Program for Developmental Disability (DD) and Medically Fragile (MF) Populations Oversees consultant agency contracts					
Elaine Hill	Mi Via Waiver Program Manager Functions: Participant/Consultant Issues & Technical Assistance, & statewide MF WCF & MF CACF Contact for: Consumer Direct Personal Car		505-506- 6103		elaine.hill@hca.nm.gov Fax: 505-841-6523	
Krystal Armijo	Mi Via Waiver Program Coordination Functions: Participant/Consultant Issues & Technical Assistance Contact for: Peak, Visions & CNRAG		505-252- 3087		krystal.armijo@hca.nm.gov Fax: 505-841-6523	
Anthony Bonarrigo	Mi Via Waiver Program Coordination Functions: Participant/Consultant Issues & Technical Assistance Contact for: UNM-CDD, Innovative Self Direction, Merit & Active Advocates		505-709- 7410		anthony.bonarrigo@hca.nm.gov Fax: 505-841-6523	
Alicia Otolo	Mi Via Waiver Program Coordination Functions: Participant/Consultant Issues & Technical Assistance Contact for: Me Town, Self-Directed Choices & Los Amigos		505-218 1119	-	<u>Alicia.otolo@hca.nm.gov</u> Fax: 505-841-6523	



Comagine Health

PO Box 20910, Albuquerque, NM 87154-0190 Phone: 1-866-962-2180

Comagine Health is the Third-Party Assessor (TPA) for Mi Via. They are responsible for reviewing and approving the Service and Support Plans (SSP).

Blue Cross Blue Shield	866-689-1523	https://www.bcbsnm.com/turquoise-care-welcome/
Presbyterian	800-356-2219	https://www.phs.org/health-plans/turquoise-care-medicaid
Molina	844-862-4543	https://www.molinahealthcare.com/members/nm/en- us/mem/Medicaid.aspx
United Health Care	877-236-0826	https://www.uhc.com/communityplan/new-mexico/plans

Fun easy recipes:

Cornflake Cakes

Makes about 6-8 Servings

Total time to make: 20 minutes

Ingredients:

- 3 tablespoons of butter
- 1 cup of sugar
- 1 tablespoon of honey
- 4 cups of cornflakes

Directions:

- 1. Preheat oven to 300F
- 2. Heat the butter, sugar and honey in a small saucepan until frothy
- 3. Remove pan from heat.
- 4. Add cornflakes and mix well.
- 5. Spoon mixture into cupcake liners.
- 6. Bake mixture for 10 mins
- 7. Remove from the oven and let cool.

Baked Tortilla Pizza

Total time to make: 13 minutes.

Ingredients:

- 4 flour tortillas
- Olive oil or cooking spray
- 1 cup marinara sauce
- ¹/₂ cup shredded cheese
- Pepperoni
- Chopped basil

Directions:

- 1. Preheat oven to 375F
- 2. Line baking sheet with parchment paper
- 3. Brush tortillas with olive oil or spray with cooking spray.
- 4. Spread thin layer of marinara sauce on each tortilla
- 5. Sprinkle the shredded cheese over each tortilla.
- 6. Top with desired toppings.
- 7. Place tortillas onto the lined baking sheet.
- 8. Bake for 8 to 10 minutes.
- 9. Remove tortilla pizzas from oven.
- 10. Slice and serve.



	January 2025						
Dates to Remember							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			1 New Years Day State Offices Closed	2	3 Vendor checks received or deposited	4 Deadline to submit VPRs for 1/17 vendor payment	
5 National Bird Day	6 National Take Down the Christmas Tree Day	7	8 National Bubble Bath Day	9	10 Paychecks & vendor checks received or deposited, end of the pay period	11 Deadline to fax timesheets & mileage for 1/24 payment & VPRs for vendor payments	
12	13 National Rubber Ducky Day	14 International Kite Day	15	16	17 Vendor checks received or deposited	18 Deadline to submit VPRs for 1/31 vendor payment	
19 National Popcorn Day	20 Martin Luther King Jr. Day State Offices Closed	21 Grandma Day	22	23	24 Paychecks & vendor checks received or deposited, end of the pay period	25 Deadline to fax timesheets & mileage for 2/7 payment & VPRs for vendor payments	
26	27 Bubble Wrap Appreciation Day	28 National Lego Day	29	30	31 Vendor checks received or deposited	2/1 Deadline to submit VPRs for 2/14 vendor payment	